# Week 1 NEW TERM

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| **Breakfast** | Choice of 2 Cereal<br>8.00 - 8.30am<br>Toast – 8.45<br>Glass of milk or water | Choice of 2 Cereal<br>8.00 - 8.30am<br>Toast – 8.45<br>Glass of milk or water | Choice of 2 Cereal<br>8.00 - 8.30am<br>Toast - 8.45<br>Glass of milk or water | Choice of 2 Cereal<br>8.00 - 8.30am<br>Toast – 8.45<br>Glass of milk or water | Choice of 2 Cereal<br>8.00 - 8.30am<br>Toast – 8.45<br>Glass of milk or water |
| **Lunch** | Italian Minced Beef &<br>Pasta<br>Garlic bread | Chicken Curry<br>Pilau Rice<br>Naan | Broccoli Cheese<br>Carrot Batton's<br>Garlic Potatoes | Fish<br>New potatoes<br>peas | Jacket Potato<br>Grated Cheese<br>Baked Beans |
| **Vegetarian Lunch** | Tomato, Courgette &<br>Mushroom Pasta<br>Garlic bread | Vegan Quorn Curry with<br>Chickpeas<br>Pilau Rice<br>Naan | White Sauce Broccoli<br>Carrots<br>Garlic Potatoes | Fishless fingers<br>New potatoes<br>peas | Jacket Potato<br>Nooch<br>Baked Beans |
| **Dessert** | Fruit Bowl | Greek Yogurt & Fruit<br>Puree | Fruit | Fruit Bowl | Greek Yogurt & Honey<br>Grape-nuts |
| **Snack** | **Fruit sticks** | Cucumber Carrots and<br>Pepper strips hummus | Melon | Orange Quarters | Breadsticks & Dip |
| **Tea** | **Sandwiches** | Cheese & Crackers<br>Pineapple & Grapes<br>Avocado | Raisin Cinnamon Bagels<br>Onion & Chive Cream<br>Cheese Bagels | Tuna Pasta Bake | Sandwiches |
| **Pudding** | Fruit Scone | Fruit | Fruit | Yogurt | Fruit |

Vegan Butter, Oat / Almond Milk, Lactose Free Yogurts are always available - Fresh water available throughout the day and at all meals